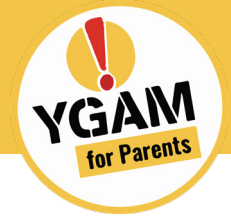


# Triggers and actions exercise - gambling



<b>What situations have given them the urge to gamble?</b>	<b>What actions can they take to reduce these urges in a safe way?</b>