

Outside Garden Play Activities

When the weather is decent, look at getting your children outside!
There are so many different activities to do for free for all ages.

- Create an obstacle course in the garden, set a timer and see who can complete the race the quickest
- Arrange a scavenger hunt – who can find the items in the quickest time?
- Play with water balloons
- Create a fort and in teams who can knock the other teams fort over with balloons?
- Play catch – who is the last person to stay dry?
- Create a bug hotel



- Have 3-legged races
- Have a wheelbarrow race
- Do some star gazing – can you see any constellations?
- Do some cloud gazing – what shapes are the clouds making?
- Build a den
- Make a target or line up some toys and use nerf guns/bows and arrows/water hose and either hit or knock down the target



- Go camping
- Play hopscotch
- Create chalk drawings
- Play dodgeball
- Fly a kite
- Bring your toys outside and play schools, read a story or have a picnic
- Paint a fence with water.
- Skipping



- Ball games – football, tennis, badminton, volleyball, catch, basketball. It can be a game or practice their skills.
- How many times can they throw and catch a ball without someone dropping it?
- Gardening – plant some flowers or tidy up a flower bed.



- Make a fairy or dinosaur garden
- Draw the trees, birds and flowers
- Teach your dog some tricks
- Make mud pies
- Wash the car
- Wash your toys
- Do some painting
- Bird watching