

We have put together a list of activities for your child to do aside from playing online. So next time you hear the words 'I'm bored' get them to pick an activity from here.

These activities can be done alone, with friends or family.

Craft



- Make your own tote bag
- Redesign and make your own top
- Make a bracelet
- Make some hair pieces
- Learn origami

Active



- Go cycling
- Go for a swim
- Play a ball game with some friends
- Go trampolining
- Go hiking
- Go climbing
- Create your own obstacle course
- Go on a zip wire/activity day
- Go wall climbing
- Play sports

Outside



- Meet up with friends for a picnic
- Watch a concert
- Go fishing
- Arrange a scavenger hunt
- Explore your local neighbourhood
- Go bowling
- Attend a craft/art fair or artisan market
- Explore some walks in your area
- Go fruit picking
- Create a picture with chalk

Social



- Volunteer
- Attend a local event in your area
- Play some board games
- Play some card games
- Visit a relative
- Visit a festival
- Go camping
- Visit a theme park/zoo/water park/safari park
- Have a nerf gun fight
- Go paintballing or laser quest
- Enjoy the day at the beach/park/in the countryside

Relax



- Read a new book
- Make yourself a calming oasis
- Blend your own essential oils
- Knit
- Do a puzzle
- Watch a film
- Take a long bubble bath

Creative



- Make your own music video/news story/video
- Grow your own vegetables
- Do some sketching
- Create a journal or a blog
- Write a poem/song/play/book
- Paint your nails
- Make your own music playlist
- Create your own jewellery
- Create some art with chalk
- Knitting
- Sewing
- Redesign your bedroom
- Create your own face masks

New Skills



- Learn a new language
- Learn first aid
- Take a computer course
- Enrol on a cooking/sewing/writing/drawing course
- Learn how to juggle
- Enrol on a summer programme
- Join a community volunteer programme

In the kitchen



- Invent a new pizza/ice cream/milkshake/smoothie
- Prepare dinner for everyone
- Bake a cake
- Have a bake off competition
- Make a new pudding